

# **2010 Ancient City Winter Classic 7 v 7 Tournament RULES**

*US Women's Lacrosse Rules with the following modifications....*

**\*\*\*Protective Eyewear and mouth guard is required**

- 1. 7 v 7 (6 field players plus goalkeeper)**
2. All Teams **MUST** have a Goalkeeper!!!!
3. 4 players on offense - 2 players must stay back behind the restraining line (plus goalkeeper). Restraining line is at mid-field.
4. Substitution after goals or on the fly. **NOT** on a stand situation. There will be a substitution box on each field.
5. At ALL levels, there will **NOT** be a 3 pass rule; players can go to goal at will.
6. Players are responsible for legal sticks.
7. 25 min games: **NO** Half Time
8. Yellow card must leave the playing field for 2 min. Team may **NOT** sub, and team will play down for the 2 minutes.
9. A player Red Carded for misconduct will **not be** permitted to play in the next game, and team will loose 1 point off of total score.(See Scoring Procedures)
10. Goalkeepers will play by all rules that apply during the outdoor season.
11. Running clock for ALL games (games will start on time)
12. **NO** TIMEOUTS in any game and **No OVERTIME** in pool play. A braveheart will be played in the event of a tie in Semi-final and Final games (See Scoring Procedures for braveheart description)
13. Players shall **NOT** participate without registering an appropriately waiver with the tournament.

**Middle School Level only:**

1. Modified Checking will be enforced on **Middle School Level only**.  
NO checking above the shoulder.
2. The three second closely guarded rule will be in affect when a player is carrying the ball and cradling above her head.